



# activities in the park



## NOVEMBER – DECEMBER 2017

DATE	EVENT	LOCATION	TIME
● Wed 1/11	Active for Life – Social Badminton	Shepparton	9.00am – 11.00am
● Wed 1/11	Grandslam Tour: ANZ Hot Shots & Cardio Tennis	Murchison	4.00pm – 5.00pm
● Thu 2/11	Cushion Concert <sup>§</sup>	Shepparton	10.30am – 11.00am
● Thu 2/11	Storytime in the Park	Tatura	10.30am – 11.30am
● Thu 2/11	Yoga Session and Wellness in 30 Minutes	Shepparton	5.30pm – 6.45pm
● Sat 4/11	Body Balance	Shepparton	8.00am – 9.00am
● Sat 4/11	OUTintheOPEN Festival – Giant Games	Shepparton	11.00am – 3.00pm
● Sat 4/11	Golf Croquet	Shepparton	1.00pm – 3.00pm
● Sun 5/11	Days Mill Open Day	Murchison	10.30am – 2.00pm
● Sun 5/11	Labyrinth Walk – Trust	Mooroopna	5.00pm – 6.00pm
● Mon 6/11	Lunchtime Yoga	Tatura	12.15pm – 1.15pm
● Mon 6/11	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 7/11	Running Sessions	Shepparton	8.00am – 9.00am
● Wed 8/11	Active for Life – Strength Training	Shepparton	9.30am – 10.30am
● Thu 9/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Fri 10/11	Grandslam Tour: ANZ Hot Shots & Cardio Tennis	Tatura	4.00pm – 5.00pm
● Sat 11/11	Body Balance	Shepparton	8.00am – 9.00am
● Sat 11/11	Golf Croquet	Shepparton	1.00pm – 3.00pm
● Sat 11/11	Shepparton Challenge – Giant Games	Shepparton	5.30pm – 7.30pm
● Sun 12/11	Nature Photography *	Shepparton	8.30am – 10.30am
● Sun 12/11	Fencing in the Park	Shepparton	11.00am – 12.00pm
● Mon 13/11	Lunchtime Yoga	Tatura	12.15pm – 1.15pm
● Mon 13/11	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 14/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Wed 15/11	Pop Up Playground	Mooroopna	4.00pm – 6.00pm
● Thu 16/11	Active for Life – Self Defence	Shepparton	9.30am – 10.30am
● Thu 16/11	Shepparton Community Reading Day	Shepparton	10.30am – 11.30am
● Thu 16/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Fri 17/11	Tai Chi for Health	Tatura	11.00am – 12.00pm
● Fri 17/11	Dancing in the Park	Dhurringile	4.00pm – 5.00pm
● Sat 18/11	Body Balance	Shepparton	8.00am – 9.00am
● Sat 18/11	Kelly Mini Sports	Tatura	10.00am – 10.45am
● Sat 18/11	Kelly Sports Multi Sports Program	Tatura	11.00am – 12.00pm
● Sat 18/11	Golf Croquet	Shepparton	1.00pm – 3.00pm
● Sun 19/11	Active @ School Session	Undera	10.00am – 11.00am
● Sun 19/11	Playball	Dookie	10.00am – 11.00am
● Sun 19/11	Paddlehub – Pop in Paddling *	Shepparton	11.00am – 3.00pm
● Mon 20/11	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 21/11	Music and Movement	Shepparton	10.00am – 11.00am
● Tue 21/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Tue 21/11	Weekly Walks	Shepparton	7.30pm – 8.30pm
● Tue 21/11	Spotlight Walk *	Shepparton	8.00pm
● Thu 23/11	Active for Life – Table Tennis	Shepparton	1.00pm – 3.00pm
● Thu 23/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Fri 24/11	Tai Chi for Health	Tatura	11.00am – 12.00pm
● Sat 25/11	Body Balance	Shepparton	8.00am – 9.00am

DATE	EVENT	LOCATION	TIME
● Sat 25/11	Guided Walks	Shepparton	10.00am – 11.30am
● Sat 25/11	Golf Croquet	Shepparton	1.00pm – 3.00pm
● Sun 26/11	Pedal Karts	Merrigum	11.00am – 1.00pm
● Mon 27/11	Water Waves Aqua Aerobics	Tatura	12.30pm – 1.00pm
● Mon 27/11	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 28/11	Easel Art	Shepparton	4.30pm – 6.00pm
● Tue 28/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Tue 28/11	Labyrinth along the River	Shepparton	6.00pm – 7.00pm
● Wed 29/11	Planks	Mooroopna	4.00pm – 6.00pm
● Thu 30/11	Storytime in the Park – Gardens	Shepparton	10.30am – 11.30am
● Thu 30/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Thu 30/11	Come and Try Water Aerobics	Murchison	6.00pm – 7.00pm
● Fri 1/12	Active for Life – Strength Training	Shepparton	9.30am – 10.30am
● Fri 1/12	Tai Chi for Health	Tatura	11.00am – 12.00pm
● Fri 1/12	Dancing in the Park	Dhurringile	4.00pm – 5.00pm
● Fri 1/12	World AIDS Day Walk	Mooroopna	5.30pm – 7.30pm
● Sat 2/12	Yoga	Shepparton	8.00am – 9.00am
● Sat 2/12	African Drumming	Shepparton	2.00pm – 3.30pm
● Sat 2/12	African Drumming	Shepparton	4.00pm – 5.30pm
● Sat 2/12	Aquamoves 20 Yr Celebration Day – Giant Games	Shepparton	2.00pm – 6.00pm
● Sun 3/12	Paddlehub – Ladies Only Paddle *	Shepparton	11.00am – 12.00pm
● Sun 3/12	Paddlehub – Pop in Paddling *	Shepparton	11.00am – 3.00pm
● Sun 3/12	Labyrinth Walk – Celebration	Mooroopna	5.00pm – 6.00pm
● Mon 4/12	Water Waves Aqua Aerobics	Tatura	12.30pm – 1.00pm
● Mon 4/12	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 5/12	Sound of Drawing * <sup>§</sup>	Shepparton	2.00pm – 6.00pm
● Tue 5/12	Cardboard Hacking *	Shepparton	4.00pm – 5.30pm
● Thu 7/12	Fencing in the Park	Shepparton	11.00am – 12.00pm
● Thu 7/12	Come and Try Water Aerobics	Murchison	6.00pm – 7.00pm
● Fri 8/12	Active for Life – Strength Training	Shepparton	11.00am – 12.00pm
● Fri 8/12	Tai Chi for Health	Tatura	11.00am – 12.00pm
● Fri 8/12	Munzee in the Park	Mooroopna	5.45pm – 6.45pm
● Sat 9/12	Yoga	Shepparton	8.00am – 9.00am
● Sat 9/12	Hooperise	Shepparton	12.00pm – 1.00pm
● Mon 11/12	Water Waves Aqua Aerobics	Tatura	12.30pm – 1.00pm
● Mon 11/12	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 12/12	Circus Skills	Shepparton	4.30pm – 6.00pm
● Thu 14/12	Come and Try Water Aerobics	Murchison	6.00pm – 7.00pm
● Sat 16/12	Yoga	Shepparton	8.00am – 9.00am
● Sat 16/12	Kelly Mini Sports	Shepparton	10.00am – 10.45am
● Sat 16/12	Kelly Sports Multi Sports Program	Shepparton	11.00am – 12.00pm
● Mon 18/12	Water Waves Aqua Aerobics	Tatura	12.30pm – 1.00pm
● Thu 21/12	Come and Try Water Aerobics	Murchison	6.00pm – 7.00pm

● Active Arts

● Health and Wellbeing

● Environment

● Pools

● Family Fun

● Sport

\* Event requires registration

§ Event has a fee

For more information and location details on any listed activity go to

**WWW.GETMOOVINGSHEPPARTON.COM.AU/APP**