



Woodcroft Heights
Children's Centre
for Early Childhood
Development and Parenting



YOGA KIDS S.A.

Children's Yoga

Woodcroft Heights Children's Centre is back with another holiday program for the children to enjoy over the break! This time we are offering a *free* Children's Yoga Session, run by Yoga Kids SA. Come along in your comfy clothes ready to stretch and move.

Ages: 3 - 4 years

Children under 3 are welcome to attend, however please be aware they may not concentrate for the duration of the session.

Older siblings may also attend and take part.



Cost: *FREE*

Monday 23rd April 2018

10:00 or 10:30 a.m. (30 minute session)

at Woodcroft Heights Children's Centre

25 Investigator Drive, Woodcroft

Numbers are limited for each session, so please book in ASAP.

(Please note: all children must be accompanied and supervised by an adult).

If you would like to attend the Children's Yoga Session, call Woodcroft Heights Children's Centre on 8381 8005 to register.

All registrations required by **Wednesday 11th April 2018.**