



Suicide Prevention Network

Creative ✦ Respectful ✦ Passionate

Meets on the 3rd Monday of the month at 7pm in the Christies Beach Surf Life Saving Club.



As a community led endeavour, we aim towards reducing the stigma of suicide, encourage community connections and provide information and education regarding help available for the communities of Onkaparinga.

Contact: Letstalkonkaparinga@gmail.com
Chairperson: Michelle – 0438 060 650
Secretary: Karen – 0417 297 318

Find us on Facebook  @Letstalkonkaparinga

Lifeline: 13 11 14 Beyondblue: 1300 22 4636 Suicide Call Back Service: 1300 659 467

Mental Health Services: 131465 Kids Helpline: 1800 55 1800 (24/7 crisis support)