

SOUTHERN ONKAPARINGA SUBURBS

ALDINGA

Aldinga Community Centre

Stewart Avenue 8556 5940

Community Café - biscuits, cake, soft drinks, tea and coffee Mon-Fri 8.30am–3.30pm

Thursday lunch Thurs 11.30am–12.45pm

2 course lunch Fri 12pm during school terms, book before 10am day prior

Christian Care Support Centre

Aldinga Community Centre, Stewart Avenue 8557 7707

Food assistance for postcodes 5172-5174 Mon & Wed 9.30am–12pm, ring 9–9.30am

Bread available Mon, Wed & Thu 8.30–9.30am

Food Hamper Wed 6pm, by appt.

Fred's Van

Aldinga Community Centre, Stewart Avenue 8112 8720

Free meal Fri 7–8pm

MCLAREN VALE

Helping Hand Food Pantry

Arise Christian Church 8323 7788

McLaren Vale Institute Hall, 171 Main Road

Food assistance Wed & Thu 9.30am–12pm by appt.

PORT WILLUNGA

St Vincent de Paul

4a Austin Place 1300 729 202

Food assistance Mon, Wed & Fri 10am-12.45pm by appt.

SEAFORD

Seaford Community Centre

Beechwood Grove 8386 3319

Seaford Community Lunch first Fri of month, book at reception

Seaford Ecumenical Mission

cnr Main Street & Grand Boulevard 8392 4522

Food assistance (vouchers) Tue & Thu 10.10am-12pm, ring 9am

Town Square Café Mon–Fri 9.30am-3pm

Tuesday Dinners, alternate Tues 5.15pm, by donation, ring to book

NORTHERN ONKAPARINGA SUBURBS

ABERFOYLE PARK

Aberfoyle Park Baptist Church

cnr Manning Road & Lyn Street 8270 4316

Emergency food assistance for Aberfoyle Park & Flagstaff Hill

ALL SUBURBS

St Vincent de Paul 1300 729 202

Crisis Care (after 4pm) 13 1611

IMPORTANT

- Appointments and ID are essential for food assistance
- Agencies close mid December to January

To update any information please contact:

Amanda Kemperman

Neighbourhood Development Program

amakem@onkaparinga.sa.gov.au or 8301 7356

Last updated May 2017

COMMUNITY INFORMATION

Onkaparinga Food Assistance and Cheap Meals

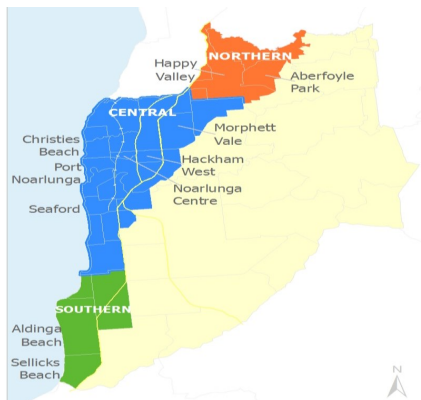


NEIGHBOURHOOD DEVELOPMENT PROGRAM

CITY OF ONKAPARINGA

www.onkaparingacity.com





CENTRAL ONKAPARINGA SUBURBS

CHRISTIE DOWNS

Christie Downs Community House

Cnr Morton Road & Flaxmill Road **8384 6894**

Lunch With Friends Mon 12pm during school terms,
\$5 booking essential by Thu before

Elizabeth House- Positive Ageing Centre

112 Elizabeth Road **8384 5170**

For seniors-Community Café low cost lunch Mon, Wed
and Fri

Fred's Van 2- Onkaparinga Youth Services (Wardli

Youth Centre), 13 McKinna Road

Free meal Wed & Sun 7–8pm

Noarlunga Centre Church of Christ

165 Beach Road **8326 1153**

Food assistance for postcodes 5158–5174

Mon, Wed & Fri 10am–12pm, ring 9am

Tuesday Food @ Five 5–6pm donations accepted

River of Life Ministries

9 McKinna Road **8326 2244**

Food parcels to limited postcodes Tue & Wed

9.30am–12.30pm, ring 9–10am (closed school holidays)

Free bread Tues-Fri 10am–2pm

Tabitha's Kitchen Wed & Fri 11.30am–1pm

CHRISTIES BEACH

Anglicare SA

111 Beach Road **8392 3190** or **1800 748 149**

Food and some material assistance

Mon-Fri 9am–12pm, ring 9am

Bread distribution Mon Wed & Fri 9.30–11am

Christies Beach Baptist Church (CBBC)

8 Fowey Street **8382 6832**

Food Assistance Tue and Fri 9.30 am to 11 am

Ring at 9am for appointment on the day, closed school
holidays

Community Health Onkaparinga,

Uniting Church cnr William Rd and Ramsgate Ave **0416**

578 143 (Carly). Community dinners bring a plate if you

can. Third Wednesday monthly @ 5.30 pm

St Vincent de Paul,

49 Beach Road **1300 729 202**

Food assistance Tue & Thu 9.15am–12.45pm by appt.

OARS Community Transitions,

87b Dyson Rd, enter via Lambert St, 8384 4193

Food assistance Mondays, Wednesdays and Thursdays.
Criteria applies. Please ring for details.

HACKHAM WEST - MORPHETT VALE

Hackham West Community Centre

Cnr Warsaw Cres and Majorca Road **8384 1065**

Everyday Café Mon–Fri 12pm–1pm

Adults: \$4 Kids: \$2

Monthly Family Fun Fridays Fri 4.30pm

\$5/family, booking essential by Wed before

Children's Breakfast Club Tues–Fri 7.30–8.30am

The Stables Christian Centre

Piece 12, Brodie Rd Huntfield Heights **8326 4455**

Bread and miscellaneous food items distribution Wed-Fri
9am–2.30pm

Emergency assistance Mon, Tues and Thurs 10–11am for
food parcels, ring no later than 9.30am for an appointment
produce from the kitchen garden, orders by 11am

Calvary Lutheran Church Community Pantry

5 Windsong Court **8382 5099**

Food assistance for postcodes 5162 and 5163

Thu 10–11.30am during school term, ring 9am for appt.

Hillier Road Worship Centre

28 Hillier Road **8384 2002**

Food assistance Mon 9.30–11.30am, ring to book

Seventh Day Adventist Church

130 Pimpala Road **0432 085 544** or **8322 5720**

Food assistance (phone), Fri 9am–3pm

The ADRA Café Thu 6.30pm, during school terms.

The Salvation Army Noarlunga

186 Elizabeth Road **8384 6014**

Food assistance Mon-Thu 8.45am–12.30pm, ring 8.45am

Café Life Wed, 10am–1.30pm; \$4 lunch at 12 pm

Woodcroft Christian Centre

442 States Road **8325 0484**

Food assistance to limited postcodes Mon & Fri
mornings, ring 9am to book

Free bread Mon 10am & Sat 5.45pm

Wakefield House,

65 Acre Ave **8384 6158**

Community Cafe Mon, Wed and Fri lunch

NOARLUNGA DOWNS

St Lukes Catholic Church

cnr Honeypot Road & Goldsmith Drive **8382 1717**

Food assistance for postcodes 5163-5168

Mon 10am–12pm, ring 9am on the day

WOODCROFT

The Vines Uniting Church

152 Reynell Road **8322 8661**

For residents in area bounded by Kenihans, Piggot
Range, Wheatsheaf and Main South Roads

Food assistance Wed 9.30–10.30am or ring and
leave a message