



# "Circle of Security" Program

Term 3  
2017

A group for parents & caregivers who would like to explore and further develop their relationship with their child.



This group invites parents and caregivers to explore and develop a shared understanding of:

- The Circle of Security as a roadmap for understanding and responding to our children's needs
- The impact of our own experiences of being parented on our parenting
- The steps involved in building security with our children
- New ideas for supporting our children's big feelings and behaviour to connect.
- Understanding our struggles and our successes with our children

This group will be facilitated by Johanna and Lee from the O'Sullivan Beach Children's Centre.

<b>When:</b>	Tuesday 12.30-2.30 pm <b>Starting on the 1<sup>st</sup> August - 19<sup>th</sup> September 2017</b>
<b>Where:</b>	O'Sullivan Beach Children's Centre 51A Galloway Road, O'Sullivan Beach
<b>Cost:</b>	FREE!

**Bookings are essential as numbers are limited.**  
**Creche facilities are also available but limited.**  
**Enquiries and bookings please call Lee or Leanne 8382 2850**