

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SESSIONAL KINDY 8:50 a.m. – 3:00 p.m.	SESSIONAL KINDY 8:50 a.m. – 3:00 p.m.	SESSIONAL KINDY 8:50 a.m. – 11:30 a.m. & 12:20 p.m. – 3:00 p.m.	SESSIONAL KINDY 8:50 a.m. – 3:00 p.m.	SESSIONAL KINDY 8:50 a.m. – 3:00 p.m.
<p align="center">OCCASIONAL CARE</p> <p>Due to high demand, children over 2 years old may attend one session per fortnight, while children under 2 years may attend weekly. Please note, there may be a waiting list for places in Occasional Care. Bookings required.</p> <p align="center">** Please see staff for more information **</p> <p>Sessions for over 2s: Tuesday to Thursday (8:45 a.m. – 11:45 a.m.) & Tuesdays & Thursdays (12:10 p.m. – 3:10 p.m.)</p> <p>Session for under 2s: Tuesdays (8:45 a.m. – 11:45 a.m. only.)</p>				
MI-DBT 26 wks. from 6 th August 9:00 a.m. – 12:30 p.m.	PLAYGROUP 24 th July – 25 th September 9:00 – 11:00 a.m.	BABY AND EARLY WALKERS PLAYGROUP 25 th July – 26 th September 9:15– 10:45 a.m.	PLAYGROUP 26 th July – 27 th September 9:00 – 11:00 a.m.	PLAYGROUP 27 th July – 28 th September 9:00 – 11:00 a.m.
A program for mums and their babies under 3 years of age, focusing on emotional regulation, parenting skills and child development. <i>Referral only through Helen Mayo House.</i>	A weekly parent led group for parents and carers of children aged birth – 4 years. Includes activities, songs, stories, and fruit time. \$3.50 per family per week. To book in, call: 8381 8005	A playgroup especially for "little ones" (up to 2 years), led by our Occupational Therapist Carla and Speech Pathologist Lauren. Come along and play, connect, and learn about helping your child's development. <i>Carla : 8381 8005</i>	A weekly parent led group for parents and carers of children aged birth – 4 years. Includes activities, songs, stories, and fruit time. \$3.50 per family per week. To book in, call: 8381 8005	A weekly parent led group for parents and carers of children aged birth – 4 years. Includes activities, songs, stories, and fruit time. \$3.50 per family per week. To book in, call: 8381 8005
LET US KNOW!	EARLY PARENTING GROUP 4 th September – 9 th October 2:00 p.m. – 4:00 p.m.	TWO PLUS & US Multiple Births Support & Playgroup 25 th July – 26 th September 11am-12:30pm	Caring for Kids First Aid Date and Time TBC <i>Register your interest now.</i>	NEONATAL SUPPORT PLAYGROUP Starts 27 th July 9:15 a.m. – 11:00 a.m.
Have you heard of something happening in the area that would benefit other children and families? Share the information with our staff.	A group for new parents, covering topics such as safety, feeding, sleep, attachment and play. Enrolment through CaFHS: 1300 733 606	A causal group for multiple birth families to connect. Newborns, toddler, siblings and those expecting multiples are all welcome. Call: 8381 8005	A first aid course for parents and carers of children 0-12 years. Topics include managing unconsciousness, choking, bleeding, burns, respiratory distress, and anaphylaxis. <i>Phone: 8381 8005</i>	A fortnightly supportive playgroup for parents who have had experiences with their babies in a Neonatal Unit. <i>Jenny: 0407 186 851.</i>
THE LITTLE BIG BOOK CLUB	GET IN TOUCH! Phone us on: 8381 8005 Email us on: dl.3625.leaders@schools.sa.edu.au Visit us at: 25 Investigator Drive, Woodcroft, right next door to Woodcroft Primary School.	CIRCLE OF SECURITY 15 th August – 26 th September 1pm – 3:00pm	Sleep Series Fortnightly workshop starting August 16 th 1pm-3:00pm	OOHC CARER SUPPORT GROUP 10:00 a.m. – 11:30 a.m.
Is your child between 18 and 30 months of age? Visit us at the Children's Centre for your free book pack!		A 7 week group for caregivers who would like to learn more about the relationship between themselves and their children. <i>Phone: 8381 8005</i>	A 4 part information and support series for parents wanting to know more about how to support their children with sleep. <i>Phone: 8381 8005</i>	Twice-termly coffee and chat session for those who provide foster, kinship, and/or relative care for children under Care and Protection Orders through the Youth Court. <i>Phone: 8381 8005</i>
PARENT HELP Parents are always welcome to lend a hand at the centre. This can be done by helping at the centre during opening hours, by taking things home to work on, or being a part of our Governing Council. Please speak with a staff member if you are interested in helping out (relevant screenings &/or training may be required).		TELL ME MORE! Would you like to keep up to date with our centre program and flyers? Speak to a staff member at the front desk to be added to our mailing list.	PARENT FEEDBACK We are always looking to hear your ideas, opinions, and feedback, to help us plan our future programs. All feedback is welcomed.	EARLY PARENTING GROUP 20 th July– 24 th August 2:00 p.m. – 4:00 p.m.
				A group for new parents, covering topics such as safety, feeding, sleep, attachment and play. Enrolment through CaFHS: 1300 733 606

Preschool: Preschool (or kindy) sessions of 15 hours a week are offered to children in their eligible preschool year. Please speak to a staff member for more information, or to add your child's name to the waiting list.

Occasional Care: This popular program offers children the opportunity to play and learn at our centre, and enables parents/caregivers to participate in activities, fulfil work commitments, keep appointments, or have a break from their child/ren on a weekly or fortnightly basis. Bookings required.

Other services and activities

Community Development Coordinator (CDC): The role of the CDC is to support parents and families to actively participate in all aspects of the Children's Centre, as well as partner with other agencies, to plan and organise a range of programs including playgroups, parenting programs and community events.

Family Services Coordinator (FSC): The role of the FSC is to work with specific groups or families within the Children's Centre and/or the community, who might be struggling, or having a tough time. The FSC can meet with parents or families, listen to what family members are worried about, and help families work out what to do next.

Speech Pathologist: The speech pathologist works with parents to talk about any concerns they might have with their children's language or communication development, and may be able to provide information and/or referral information for appropriate supports and/or services.

Occupational Therapist: The occupational therapist works to support children's participation in and performance of daily activities involving the strengthening of play skills, fine and gross motor skills, concentration and self-regulation skills.

Child and Family Health: CaFHS nurses operate 'by appointment' clinics at the Children's Centre for health checks, clinics and general advice. Contact CaFHS for appointments or more information on: 1300 733 606.

"Let's Read" & "Little Big Book Club": These early literacy programs are supported by the Children's Centre. Staff present these programs throughout the term.

Foodbank: Foodbank is a non-profit organisation that receives food and grocery products from various sources (distributors, retailers) and makes them available to Australia's charities and community groups. We have a selection of pantry items available in the foyer during the term. Items and quantity available will vary.

Reconnecting Families: We partner with the Department for Child Protection to provide a safe and welcoming environment for families to enjoy time together, when children live apart from their parents / families of origin.

Guest Presentations: Throughout the year, we arrange for guest speakers to present on topics that are important to families – such as first aid, behaviour management, and sleep tips. Keep an eye out through the term for these separate flyers.

***** If you would like to attend a program that is already full,
please speak to a staff member to add your name to the waiting list. *****