

CARERS OUTING

**For: Partners, Parents, Grandparents & Children
caring for family living with a disability and illness**



Come along and enjoy time for yourself with others in the community who are caring for someone. We have a lovely day planned for you, a visit to the Community Health Onkaparinga Community Garden, then on to Elizabeth House for a **FREE lunch** and a walk around their beautiful facilities. Transport will be provided and will leave and return participants to Community Connections Hackham. Limited spaces so please book.

When: Monday 21st August 2017

Time: 10.00 til 2pm

Where: Depart Community Connections Hackham
(formerly Family Connections Hackham)
72 Collins Parade, Hackham and return to
Community Connections Hackham

Please advise of any dietary requirements or
assistance you may require when booking

Enquiries & bookings on 81866944



A carer support program run in partnership with City of Onkaparinga Active Ageing