



2016 233

## THE PARENTING JOURNEY

### A GROUP FOR PARENTS OF CHILDREN 5 - 12

Parenting in the 21st century is a challenge for any parent with all of the changes that have occurred over the last 10 – 15 years, this is a group to help parents develop strategies and skills to better manage the challenges they are facing.

#### Would you like to be able to:

- Talk to your children so they will listen.
- Be able to better manage your child's use of technology.
- To have rules and consequences that work.
- Help their children learn how to better manage their emotions.
- Better understand why children behave as they do

You are invited to join this five week program to look at these and other parenting issues.

**DATES:** Tuesdays 25th October,  
1st, 8th, 15th & 22nd November

**TIME:** 6.30pm to 8pm

**WHERE:** Albany Rise Primary School  
Albany Drive, Mulgrave

**BOOKINGS:** Kim Pedler 9735 6146 or  
Albany Rise Primary School  
9547 1146 to book your place.

Bookings are essential.

