O'Connor Athletics Carnival Programme
Friday 9th June 2017

Sports Captains

Drew Thomas & Talia Constance

House Captains

URSULA	Grace Murray & Isaac Selvey
MERICI	Caitlin Slick & Sam Brazier
LA SALLE	Lauren Czinner & Aiden O'Keefe
BENILDE	Emily Turkovic & Hayden Ley

PREVIOUS HOUSE WINNERS

Year	House	Year	House	Year	House
1977	LaSalle	1987	Merici	1997	Ursula
1978	LaSalle	1988	Merici	1998	Ursula
1979	Ursula	1989	Merici	1999	Ursula
1980	Ursula	1990	Merici	2000	Ursula
1981	Ursula	1991	Ursula	2001	Ursula
1982	Ursula	1992	Ursula	2002	Ursula
1983	LaSalle	1993	Ursula	2003	Benilde
1984	Ursula	1994	Ursula	2004	La Salle
1985	LaSalle	1995	Ursula	2005	Merici
1986	Merici	1996	Ursula	2006	Merici
2007	Ursula	2008	Benilde	2009	La Salle
2010	La Salle	2011	La Salle	2012	La Salle
2013	Merici	2014	Ursula	2015	Merici
2016	Benilde				

Your age is the age you will be by 31 December this year - compete only within your age division.

All points except relay points and 100m open age handicap race count towards age championship tallies.

Placings in any event are decided on the basis of times once the results of all heats for that event have been received - the strongest competitors should compete in the first heat of each event.

Anyone finishing an event will receive one point for their house - these points do not count towards the age championship. Disqualified competitors receive no points

The oldest record still standing

16 YRS Boys 1500 m 4:32.00 David Re 1978

Weights of equipment used for athletics throwing events

	DISCUS		SHOTPUT		JAVELIN	
	Boys	**Girls**	**Boys**	**Girls**	**Boys**	**Girls**
12 years	0.75kg	0.75kg	3kg	3kg	No Event	
13 years	1.0kg	1.0kg	3kg	3kg	600g	400g
14 years	1.0kg	1.0kg	4kg	3kg	700g	500g
15 years	1.0kg	1.0kg	4kg	3kg	700g	500g
16 years	1.5kg	1.0kg	5kg	3kg	700g	500g
17 years	1.5kg	1.0kg	5kg	3kg	700g	500g

Points for events

$1^{st} - 13$ $2^{nd} - 8$ $3^{rd} - 5$ $4^{th} - 3$ $5^{th} - 2$

Relays are worth double points

9.00am

All students assemble on the OVAL for welcome & House Best Dressed Parade

EVENT		RECORD	
9.10 a.m FIELD EVENTS			
1	12 YRS Boys long jump	4.60 m	Jonathon Riley 1983
2	13 YRS Boys triple jump	9.84 m	Will Frost 2009
3	14 YRS Boys shot put	15.87 m	Jonathon Riley 1985
4	15 YRS Boys discus	49.34m	Mitchell Shaw 2004
5	16 YRS Boys Javelin	46.97m	Jeremy Faint 1996
6	17+ YRS Boys high jump	1.93 m	Shaun Seery 1980
9.10 a.m TRACK EVENTS			
7	12 YRS Girls 800 m	2:36:71	Gabrielle Shortis 1981
8	13 YRS Girls 800 m	2:39:65	Gina Lees 1983
9	14 YRS Girls 800 m	2:39:80	Zona Dixon 1986
10	15 YRS Girls 800 m	2.30.87	Erica Sweeney 2010
11	16 YRS Girls 800 m	2:33;70	Erica Sweeney 2011
12	17+ YRS Girls 800 m	2:39:16	Jenny Donald 1998
9.35 a.m FIELD EVENTS			
13	12 YRS Girls long jump	4.46 m	Lisa Grills 1983
14	13 YRS Girls triple jump	10.02 m	Janelle Burton 1984
15	14 YRS Girls shot put	11.10 m	Melissa Lytham 1990
16	15 YRS Girls discus	28.43 m	Rachel Rich 2006
17	16 YRS Girls Javelin	25.03 m	Cathy Flint 1991
18	17+ YRS Girls high jump	1.47 m	Tabitha Sole 1991
9.35 am TRACK EVENTS			
19	12 YRS Boys 800 m	2:23:51	Carl Press 1981
20	13 YRS Boys 800 m	2:21:24	Carl Press 1982
21	14 YRS Boys 800 m	2:11.67	Sam Jenkins 1991
22	15 YRS Boys 800 m	2:05:35	Stephen Latham 1984
23	16 YRS Boys 800 m	2:09:73	Greg Bible 1996
24	17+ YRS BOYS 800 m	2:06:90	Gary Burton 1979
10.00 a.m FIELD EVENTS			
25	12 YRS Boys triple jump	8.74 m	Jacob Roff 1985
26	13 YRS Boys shot put	13.45m	Mitchell Shaw 2002
27	14 YRS Boys discus	40.00m	Mitchell Shaw 2003
28	15 YRS Boys javelin	49.36m	Travis Stahlhut 2012
29	16 YRS Boys high jump	1.85 m	Shaun Seery 1979
30	17+ YRS Boys long jump	6.19 m	Bradley Ramage 2011
10.00 a.m TRACK EVENTS			
31	12 YRS Girls 100 m	13.90	Tracey Cox 1996
32	13 YRS Girls 100 m	13:40	Natalie Bowlay 1980
33	14 YRS Girls 100 m	12:50	Jodie Meehan 1980
34	15 YRS Girls 100 m	12:90	Jodie Meehan 1981
35	16 YRS Girls 100 m	13:06	Libby Haslem 1984
36	17+ YRS Girls 100 m	12:68	Natalie Sole 1988

10.25 a.m FIELD EVENTS

37	12 YRS Girls triple jump	9.41 m	Tabitha Sole 1986
38	13 YRS Girls shot put	9.65m	Rachel Rich 2004
39	14 YRS Girls discus	25.37 m	Melissa Lytham 1990
40	15 YRS Girls javelin	27.64 m	Nicki Miller 1997
41	16 YRS Girls high jump	1.44 m	Casey Killen 2008
42	17+ YRS Girls long jump	4.84 m	Fran Pidgeon 1988

10.25 a.m TRACK EVENTS

43	12 YRS Boys 100 m	13.00	Sterling Wylie 2006
44	13 YRS Boys 100 m	12.17	Sterling Wylie 2007
45	14 YRS Boys 100 m	11.80	Pat Rogers 1980
46	15 YRS Boys 100 m	11.00	David Tonkin 1983
47	16 YRS Boys 100 m	11.58	David Tonkin 1984
48	17+ YRS Boys 100 m	10.90	Jude Quin 1996

10.50 a.m FIELD EVENTS

49	12 YRS Boys shot put	10.86 m	Andrew Gilbert 1989
50	13 YRS Boys discus	29.73 m	Michael Daunt 1984
51	14 YRS Boys javelin	44.16m	Travis Stahlhut 2011
52	15 YRS Boys high jump	1.76 m	Shaun Seery 1978
53	16 YRS Boys long jump	5.99 m	Graham Andrews 1979
54	17+ YRS Boys triple jump	12.20 m	Bradley Ramage 2011

10.50 a.m TRACK EVENTS

55	12 YRS Girls 1500 m	6:11.82	Anastasia Martin 2016
56	13 YRS Girls 1500 m	5:37.69	Megan Hanlan 1980
57	14 YRS Girls 1500 m	6:00:94	Aeron Ryan 1993
58	15 YRS Girls 1500 m	5.26.75	Erica Sweeney 2010
59	16 YRS Girls 1500 m	6:07:27	Jenny Donald 1996
60	17+ YRS Girls 1500 m	5:35:50	Jenny Donald 1997

11.15 a.m FIELD EVENTS

61	12 YRS Girls shot put	8.34 m	Colleen Ahoy 1989
62	13 YRS Girls discus	21.00 m	Anne Daunt 1979
63	14 YRS Girls javelin	24.86 m	Barbara Stephen 1997
64	15 YRS Girls high jump	1.63 m	Kathy Elder 1981
65	16 YRS Girls long jump	4.62 m	Karen Jury 1980
66	17+ YRS Girls triple jump	9.55 m	Libby Haslem 1985

11.15 a.m TRACK EVENTS

67	12 YRS Boys 1500 m	4:53.00	Martin Rummery 1985
68	13 YRS Boys 1500 m	5:07.31	David Harris 1981
69	14 YRS Boys 1500 m	4:55.47	David Harris 1982
70	15 YRS Boys 1500 m	4:35.50	David Harris 1983
71	16 YRS Boys 1500 m	4:32.00	David Re 1978
72	17+ YRS Boys 1500 m	4:20.56	Trent Harlow 1990

11.40 a.m FIELD EVENTS

73	12 YRS Boys discus	30.29m	Nathan Wolyniec 2006
74	13 YRS Boys javelin	32.00 m	Carl Press 1982
75	14 YRS Boys high jump	1.67 m	Pat Rogers 1980
76	15 YRS Boys long jump	5.75 m	Peter Tonkin 1979
77	16 YRS Boys triple jump	12.20 m	Michael Mulligan 1979
78	17+ YRS Boys shot put	14.01 m	Mitchell Shaw 2007

11.40 a.m TRACK EVENTS

79	12 YRS Girls 200 m	29.15	Alison Nano 1986
80	13 YRS Girls 200 m	28.19	Rebecca Barnden 1994
81	14 YRS Girls 200 m	27.20	Jodie Meehan 1980
82	15 YRS Girls 200 m	27.00	Libby Haslem 1983
83	16 YRS Girls 200 m	26.51	Libby Haslem 1984
84	17+ YRS Girls 200 m	26.97	Libby Haslem 1986

12.05 a.m FIELD EVENTS

85	12 YRS Girls discus	18.56 m	Kate Mewton 1981
86	13 YRS Girls javelin	28.38 m	Siarrah Cruickshank 2012
87	14 YRS Girls high jump	1.54 m	Kathy Elder 1980
88	15 YRS Girls long jump	4.89 m	Kathy Elder 1981
89	16 YRS Girls triple jump	9.87 m	Natalie Sole 1987
90	17+ YRS Girls shot put	11.60 m	Libby Haslem 1986

12.05 a.m TRACK EVENTS

91	12 YRS Boys 200 m	27.97	Sterling Wylie 2006
92	13 YRS Boys 200 m	25.66	Sterling Wylie 2007
93	14 YRS Boys 200 m	23.40	Jonathon Riley 1985
94	15 YRS Boys 200 m	24.30	David Tonkin 1983
95	16 YRS Boys 200 m	23.10	Richard Hubbard 1979
96	17+ YRS BOYS 200 m	23.35	Jude Quinn 1996

12.30 p.m FIELD EVENTS

97	12 YRS Boys javelin	23.70 m	Robbie Cross 1990
98	13 YRS Boys high jump	1.51m	Ben Hayden 1996
99	14 YRS Boys long jump	5.75 m	Pat Rogers 1980
100	15 YRS Boys triple jump	11.26 m	Scott Fenton 1984
101	16 YRS Boys shot put	13.01 m	Justin Doyle 1994
102	17+ YRS Boys discus	47.12m	Mitchell Shaw 2006

12.30 p.m TRACK EVENTS

103	12 YRS Girls 400 m	1:09.28	Gina Lees 1982
104	13 YRS Girls 400 m	1:06.00	Gina Lees 1983
105	14 YRS Girls 400 m	1:05.43	Gina Lees 1984
106	15 YRS Girls 400 m	1.05.48	Erica Sweeney 2010
107	16 YRS Girls 400 m	1:03.67	Rebecca Barnden 1997
108	17+ YRS Girls 400 m	1:06.87	Rebecca Barnden 1998

12.55 p.m FIELD EVENTS

109	12 YRS Girls javelin	20.05m	Kristen Porter 1996
110	13 YRS Girls high jump	1.42 m	Polly Farrell 1984
		1.42 m	Kelsey Porter 2008
111	14 YRS Girls long jump	4.63 m	Lisa Grills 1985
112	15 YRS Girls triple jump	9.95 m	Janelle Burton 1986
113	16 YRS Girls shot put	10.89 m	Kate Mewton 1985
114	17+ YRS Girls discus	28.65 m	Ruth Ryan 1983

12.55 p.m TRACK EVENTS

115	12 YRS Boys 400 m	1:09.01	Stephen Johnson 1980
116	13 YRS Boys 400 m	1:02.78	Carl Press 1982
117	14 YRS Boys 400 m	58.37	David Smith 1982
118	15 YRS Boys 400 m	57.96	Carl Press 1984
119	16 YRS Boys 400 m	52.40	Richard Hubbard 1979
120	17+ YRS Boys 400 m	54.62	Ben Farrell 2010

1.25 p.m to 1.40 p.m LUNCH

1.40 p.m FIELD EVENTS

121	12 YRS Boys high jump	1.50 m	Jacob Roff 1985
122	13 YRS Boys long jump	5.13 m	Pat Rogers 1979
123	14 YRS Boys triple jump	11.35 m	Pat Rogers 1980
124	15 YRS Boys shot put	16.54m	Mitchell Shaw 2004
125	16 YRS Boys discus	41.79m	Mitchell Shaw 2005
126	17+ YRS Boys javelin	47.10 m	Jason Keogh 1988

1.40 p.m FIELD EVENTS

128	12 YRS Girls high jump	1.37 m	Natalie Sole 1983
129	13 YRS Girls long jump	4.60 m	Kate Mewton 1982
130	14 YRS Girls triple jump	10.04 m	Janelle Burton 1985
131	15 YRS Girls shot put	11.00 m	Joanne Campbell 1982
132	16 YRS Girls discus	27.93 m	Kate Mewton 1985
133	17+ YRS Girls javelin	29.22m	Julie Fruend 1996

2.15 p.m **Clean Up OVAL & pack up equipment**

2.20pm RELAYS

134	Sub Junior Girls	4 x 100 m Relay	12 & 13 yrs
135	Sub Junior Boys	4 x 100 m Relay	12 & 13 yrs
136	Junior Girls	4 x 100 m Relay	14& 15 yrs
137	Junior Boys	4 x 100 m Relay	14& 15 yrs
138	Senior Girls	4 x 100 m Relay	16 & 17+
139	Senior Boys	4 x 100 m Relay	16 & 17+

3.10 p.m GO HOME

CHAMPIONS & WINNING HOUSE WILL BE ANNOUNCED AT FRIDAY'S ASSEMBLY