



Is this you?

Most of the time, parenting is fun. You know you are doing a good job. But there are times when things get a little tricky. Like when your toddler won't eat her dinner. Or your six year old won't pick up his toys. If only someone could give you some ideas to make those times easier! If this sounds like you, then a Triple P seminar may be right for you.

Triple P Seminar Series



There are three seminars in the Triple P Seminar Series and they deal with the most common parenting issues we all face. You can choose to do one, two or all three seminars.

- 1. Children's Behaviour—the tough part of parenting**
- 2. Raising Confident Children**
- 3. Raising Emotionally Resilient Children**

Where? Meerilinga Children and Family Centre
2 Community Mews, Ballajura

When? Wednesday 3 May (Seminar 1)
Wednesday 10 May (Seminar 2)
Wednesday 17 May (Seminar 3)

Time: 9.30 - 11.30am

RSVP: www.trybooking.com/OVJR

Sorry no crèche available

For further information, please call 1300 550 879