

Onkaparinga Seaside Walk for World Suicide Prevention

**WORLD
SUICIDE
PREVENTION
DAY**

10th September

Event :

A 5km seaside walk from The Onkaparinga River Mouth, Port Noarlunga South along the coastline ending in Moana.

Walk in honour of someone you have lost to suicide or walk to acknowledge your own personal suicide experience.

Plan for event:

To be held on Sunday 10th September 2017

Walkers need to arrive at start point by 9.30am

The walk will commence at 10.00am

Speak Up!
Reach Out!
Suicide is
100%
Preventable

After Event Family Fun Day

This will be held on the grass area adjacent Moana Surf Life Saving Club from 11.00am.

BBQ by Rotary Club of Seaford

Live Music by "letters to Amy" and "Blind Array"

Information Stalls including Headspace and Australian Rotary Health

Family Friendly activities will include:

Family Sand Sculptures

Kite Making and Flying

Face Painting by Voodoo Body art by Vanessa

Yoga by Salt Yogaplus lots more

Cost to register:

Individuals - \$25

Family (2 adults and up to 3 children) - \$50

Each additional child - \$5

Group (up to 10) - \$100

To register for this event please follow the link

<https://www.trybooking.com/QTGD>



SUPPORTED BY



Also supported by Chris Picton MP. Let's talk Onkaparinga and Moana Surf Life Saving Club. 2017