

# Careers Newsletter

No 38 • 6 December 2017

**Disclaimer**: All information is printed in good faith.

It is the responsibility of the student to confirm all details with the appropriate institution.

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#### > JOBJUMP - PARENTS AND STUDENTS PLEASE WATCH YOUTUBE VIDEO AND SIGN UP

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to <a href="https://www.jobjump.com.au/">https://www.jobjump.com.au/</a>

Search school – St Pius X Chatswood

Reaister with an email address

Password – pius (lower case)

Parent information: https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be

# > UNIVERSITY OF WOLLONGONG WALKING TOURS

UOW campus tours allow you to see our facilities and meet people doing what they do best. It's your chance to check out UOW and ask as many questions as you like. Our free, hourlong tours of the Wollongong and South Western Sydney campuses are conducted by current UOW students, and start at 10:30am and 2:30pm every Friday (excluding Public Holidays) throughout the year.

Book your tour online - https://www.uow.edu.au/future/visit/index.html

# **BEDFORD COLLEGE OPEN DAYS**

GLEBE CAMPUS - Wednesday, 10 January 9.30am - 1.00pm NORWEST CAMPUS - Wednesday 17 January 9.30am - 1.00pm Come in and visit the College during these Open Days. See for yourself just what it is that makes Bedford College different than other training providers. Find out more - https://www.bedford.edu.au/about/opendays

#### > VET. APPRENTICESHIPS & TRAINEESHIPS

# **Endeavour Energy Apprenticeships Program 2018**

An apprenticeship with Endeavour Energy is a great opportunity for anyone living in Western Sydney, the Blue Mountains or the Illawarra to work close to home and provide an invaluable service to the community.

Right now, we are looking for ambitious and self-motivated people to join our four year apprenticeship program commencing early 2018. We encourage and support women interested in electrical apprenticeships.

Applications will close **5pm on Monday 11 December 2017.** Find out more and apply - https://endeavourenergycareers.nga.net.au/cp/index.cfm?event=jobs.checkJobDetailsNewApplication&returnToEvent=jobs.listJobs&jobid=791925B1-1C68-41A2-8908-

A82000F6FC00&CurATC=EXT&CurBID=48D8CF4A-2C95-4C4B-A91E-

9DB401350034&JobListID=22fc4f47-e994-46a3-b8c9-9bc901269f43&jobsListKey=882a2f1b-a9fd-4d4a-b561-

093bfb61530b&persistVariables=CurATC,CurBID,JobListID,jobsListKey,JobID&lid=65050910028



# AUSTRALIAN TRAINING AWARDS WINNERS AND FINALISTS

If you want to see which RTOs and businesses are the best at what they do in Australia, check out the winners of the Australian Training Awards, awarded last week.

See them here – https://www.australiantrainingawards.gov.au/awards/2017

#### > TRADIE START

Tradie Start is an online network for tradespeople, builders and apprentices. If you're looking for somewhere to work or do your apprenticeship, see if there are any opportunities near you. Find an apprenticeship – https://tradiestart.com.au/

#### > UNIVERSITY INFO

#### Crimson Education – US & UK Uni Admissions

Are you curious about studying in the US? Don't make the mistake of thinking all you need to get in is your ATAR! Read this blog from US and UK admissions experts, Crimson Education, to start planning ahead.

https://www.crimsoneducation.org/blog/college-application-deadline?locale=en-AU

#### **ANU Campus Tours for January 2018**

In January, prospective students and their families have the opportunity to join an ANU general campus tour. We design this tour to make sure you see the facilities available to our students and the beautiful campus environment. You will meet and make connections with key ANU staff within our Academic Colleges, and also get the chance to inspect one of our fully catered on-campus accommodation options.

Tour run twice daily from Monday to Friday, at 9.30am and 12pm Please book your tour here for January 2018

Find out more - http://www.anu.edu.au/study/events/campus-tours

# University of Canberra Guaranteed Entry

Try our Guaranteed Entry Calculator to see if you will be receiving an offer from UC Try it now - http://www.canberra.edu.au/future-students/guaranteed-entry

# **Workshops & Courses**

# Year 10 Languages Day at UOW

Tuesday 13 February 2018, registration commences at 8:45am Register online by 6 February 2018

Come and see what uni life is like at a one day interactive workshop designed specifically for Year 10 Language students. You will learn from UOW's passionate language Academics and choose from workshops in French, German, Italian, Mandarin and Japanese.

Register now - https://lha.uow.edu.au/studydays/UOW205948.html

# > WILDERNESS THERAPY PROGRAM FOR AT-RISK YOUNG PEOPLE

Wesley Operation Hope is a 12-week wilderness and adventure therapy program for at-risk young people aged 12–17 years. Through fortnightly Saturday programs, home visits and a camp at the end of the school term, the program works with young people in achieving goals and overcoming life's challenges.

Find out more - https://www.wesleymission.org.au/find-a-service/teenagers-and-young-adults/mentoring-and-support/wesley-operation-hope/



# > COMPETITIONS AND SCHOLARSHIPS

# The Hope Prize Short Story Competition

This is a short story prize for writers to explore people's resilience in the face of poverty and disadvantage. There is a prize specifically for writers aged under 18. Entries close 31 January 2018.

https://www.bsl.org.au/events/the-hope-prize/

#### 2018 NATIONAL NAIDOC POSTER COMPETITION

Entries close Fri 5 February 2018.

Aboriginal and Torres Strait Islander artists aged 13 and over are invited to submit a piece of art to the NAIDOC poster competition. The winning entry will be used on 2018 NAIDOC promotional materials and the artist will receive \$10,000.

http://www.naidoc.org.au/2018-national-naidoc-poster-competition-entry-form

# > THREE BRILLIANT RESUME BUILDING OPPORTUNITIES

The 2016 Deloitte Impact Survey found:

- that 82% of employers said they are more likely to choose a candidate with volunteering experience, AND
- that only 30% of resumes list volunteering experience

which means that by simply including volunteering in your resume, you'll be ahead of 70% of other candidates, who don't have volunteering experience.

<u>Youth Parliament Taskforce Volunteers</u> - YMCA NSW Youth Parliament is an empowerment and advocacy program that provides a platform for young people to have their voices heard through legislative debate and decision making. The program is created, implemented and supported by a group of volunteers aged 18-24.

The Taskforce (Taskies) are the lifeblood of Youth Parliament. There are Taskforce positions open to young people of all backgrounds, experience and skills.

Apply to be a Taskie - https://hcm611.peoplestreme.net/YMCA-NSW6n2015/erec\_candidate\_job.asp?id=2993&src=ext

<u>Volunteer at the Baseball in Rooty Hill</u> - Do you love sports or are you seeking to gain experience in hospitality or events? Fantastic opportunities are available for Game Day Volunteers during the 2017/18 baseball season, between 11 November 2017 and 21 January 2018, in Rooty Hill.

Find out more - http://communitynet.ngo/index.php/volunteering/volunteering-opportunities/75662-rooty-hill-games-day-event-volunteers

<u>Volunteer at the South West Disability Expo</u> - The South West Disability Expo is taking place on 8 and 9 December at the Whitlam Leisure Centre, Liverpool. The expo organisers are looking for volunteers to assist with a range of tasks over the two days, as well as performance groups to help entertain attendees.

Find out more - http://communitynet.ngo/index.php/volunteering/volunteering-opportunities/75648-liverpool-south-west-disability-expohttps://www.southwestdisabilityexpo.com.au/



# > RESOURCES, GUIDES & OTHER NEWS

# Having Trouble Staying Connected With Your School?

If you're having trouble staying connected with your school, Wesley Mission offers a number of services that can help you. We also want to help you find and keep a job if this is what you'd like.

Our youth centres offer short term programs where you can get access to good advice and other forms of support.

Find out more - https://www.wesleymission.org.au/find-a-service/teenagers-and-young-adults/school-and-jobs/

#### > YOUTH MENTORING

Talk to someone older and wiser, who isn't connected with your school. Our mentoring service can put you in touch with an adult that you'll see on a regular basis and can help you out by offering advice, or simply lending a listening ear. The program is offered across Western Sydney, for anyone between 12 and 20.

Find a mentor - https://www.wesleymission.org.au/find-a-service/teenagers-and-young-adults/mentoring-and-support/youth-mentoring/

# > FAIR WORK OMBUDSMAN WORKPLACE MYTH BUSTERS YOUTUBE

Find their channel - https://www.youtube.com/user/FairWorkGovAu Workplace Myths Busted, Ep 1 - https://www.youtube.com/watch?v=hlrDY\_pEmJY

#### > STORIES ABOUT ONLINE STUDY

Read this story from the founder of the social enterprise STREAT about how online study enabled her career move.

Check it out - http://this.deakin.edu.au/career/how-online-study-can-help-you-follow-your-calling

# > CODING RESOURCES

This page from Careers with STEM has some great coding resources for you to check out if you're interested in learning some coding or want to pursue a career path in the area. Check them out – https://careerswithstem.com/coding-resources/

#### > FIND A BIOLOGY CAREER

Take this quiz if you're interested in biology but aren't quite sure how this translates into a career. Find out about different career pathways in biology.

Take the quiz – https://careerswithstem.com/which-biologist-are-you/

# > FINDING OUT ABOUT COMPANY CULTURE

The concept of company culture can be confusing. This article from this. demystifies it a little. Read it – http://this.deakin.edu.au/career/pay-vs-culture-choosing-a-future-employer



# > VOLUNTEERING IS AN ASSET TO YOUR RESUME

A Deloitte Impact Survey shows that employers are more likely to be impressed by your resume if it includes volunteering experience. You can check out the details of the research here.

You can find a volunteering opportunity at Seek Volunteer – https://www.volunteer.com.au/ or Go Volunteer – https://govolunteer.com.au/

#### WORK + STUDY

If you're planning to study at university or TAFE when you leave school, it's quite likely you'll need to be working as well. Even if you are financially supported in other ways, it's a great idea to get a job.

# Why having a job is great:

- You can pay your bills
- You will gain a sense of financial independence
- You'll learn new skills and gain experience that will be useful in future jobs
- You could make new friends
- It's important for resume-building

It can be tricky to find your first job, or find a job in a new city if you move to study. Here are a couple of tips on finding a job:

- Refresh your resume, and make sure you include all relevant experience. You'll be able to get help from your school careers adviser. There is also plenty of advice online about making your resume the best it can be.
- Always include a cover letter. This is a great chance to demonstrate your passion, tell them about some of your personal qualities, and include any extra details that aren't in your resume.
- **Get one or two people to agree to be a referee**. These should be people who will speak highly of you they might be a previous employer, a sports coach, a family you've babysat for, or a teacher.
- **Apply for HEAPS of jobs**. It can be hard finding your first job. Apply for every job you can find online that you'd be able to do and get to. If you don't know where to look, check out Seek. You should also think about all the food and clothing shops you go to and check out the Careers section on their websites.
- Make sure you tailor your application to each job. That being said, you can use a lot of the same information between different cover letters. Just make sure you include something specific to each role or brand.
- Find out whether your university hires any students on campus. Some of them have programs for students to work in the library or on-campus food stores.

# Don't forget about everything else



Once you have a job, it can be hard finding time to work, study, socialise and sleep. Of course, in an ideal world we'd all have plenty of time to get everything done, but from now on you're going to have to learn how to balance every aspect of your life so you can stay happy and healthy.

Some tips for maintaining a healthy work-life balance:

- **Get enough sleep**. You'll be a lot unhappier if you aren't getting enough sleep, so make time for it.
- Make sure your workplace knows you're studying. A lot of jobs will be understanding of the fact that you need to study and that you can't skip class to come to work.
- Schedule study time outside of class into your personal timetable. Even if you're only meant to be in class for 12 hours per week, you're going to need more time than this to get all your classwork done. Try to create a work roster that includes chunks of time where you can study.
- The same goes for friends. Make sure your friends and family know that you're balancing work and study with them. (It's likely some of them will be doing the same.) You might also need to schedule in certain times to see people, as well as some time for yourself.
- **Get organised**. Use a calendar or a diary. If you're not scheduling things in, you're going to miss them. Write down when your shifts are, when you have class, and when you have important social events. If you plan your life in advance (but still maintain a certain degree of flexibility) you'll be able to manage your various commitments much better.

We all know the world is changing, and many adults continue studying throughout their lives. Whether they're collecting further degrees, additional skills, or even learning how to run their business more effectively, they're busy juggling work + study + everything else, and one day you will be too.

Ms D Janes - Careers Adviser

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A CATHOLIC BOYS' COLLEGE IN THE EDMUND RICE TRADITION