Mastering the HSC

For Students Studying Year 11 or 12 in 2018



"Terrific lecture! Definitely an eye opener & very, very helpful".

"Great program, it is a must for anyone in Year 11 or 12".

Free Lectures & Notes Designed to Maximise ATAR Results

The Secrets to HSC Success Unlocked in 'Mastering the HSC'

This exclusive program is *FREE when you donate \$10 to charity on the day!

Sunday 12 November 2017 (The University of Sydney)
Saturday 18 November 2017 (The University of NSW)



The School For Excellence PO Box r1407, Royal Exchange Sydney, NSW, 1225

Mastering the HSC

Each year, countless "average" and "below average" students receive higher ATARs than their more academically gifted peers. Analysis of these students' study habits has revealed that they are applying key systems and strategies that are not known or not being used by other HSC students.

Mastering the HSC is a fundraising event designed to raise much needed funds for The Fred Hollows Foundation, and to provide students with the skills and information they need to **maximise HSC marks**. Featuring a unique range of guest speakers and HSC exam markers, this exclusive event is a **must** for students studying Year 11 or Year 12 in 2018!

- Learn how average students obtain 90+ ATAR scores and how you can use the same systems and strategies to reach your full potential in Year 11 and/or Year 12.
- Discover the biggest mistakes made by past HSC students and how to avoid these.
- Get ahead and maximise marks in the English Area of Study (Discovery) assessments.
- Benefit from in-depth instruction from prominent HSC teachers (and exam markers) from top ranking schools.
- Learn what to expect next year, the challenges to watch out for and how to prepare for and conquer them.
- Hear what teachers and official HSC exam markers expect from students striving for the higher subject marks.
- Discover strategies that can be implemented now, so you can reduce stress levels and study loads next year.
- Receive exclusive advice from one of Australia's leading study skills specialists.

Enrolments

Enrol online at **www.tsfx.com.au/mhsc** Alternatively, please call **1300 364 173**





Admission Fee:

Valued at over \$250*, **Mastering the HSC** is **FREE** when you make a minimum \$10 donation to The Fred Hollows
Foundation on the day of the lectures.
Students attending multiple **Mastering the HSC** dates will be required to make a \$10 donation on each day.

100% of the proceeds collected will be donated to The Fred Hollows Foundation. To date, TSFX fundraising programs have raised over \$350,000 – every cent of which has been donated to charity.

Timetable	Sunday 12 November 2017 The University of Sydney	Timetable	Saturday 18 November 2017 The University of NSW
8:30am – 10:30am	Excelling in Tests & Examinations	8:30am – 10:30am	Excelling in Tests & Examinations
11:00am – 12:30pm	Year 11 (Preliminary) English OR HSC Biology OR HSC Chemistry OR HSC Economics OR HSC English Area of Study (Discovery)	11:00am – 12:30pm	Year 11 (Preliminary) English OR HSC General Maths OR HSC Mathematics OR HSC Maths Extension 1 OR HSC English Area of Study (Discovery)
12:30pm – 1:15pm	LUNCH	12:30pm – 1:15pm	LUNCH
1:15pm – 2:15pm	Playing the ATAR Game Writing A+ Prac Reports (Chemistry)	1:15pm – 2:15pm	The UMAT Stress & the HSC The Psychology of Success
2:40pm – 4:10pm	Subject Specific Lectures: HSC General Maths OR HSC Mathematics OR HSC Maths Extension 1 OR HSC English Area of Study (Discovery)	2:40pm – 4:10pm	Subject Specific Lectures: HSC Biology OR HSC Business Studies OR HSC Chemistry OR HSC English Area of Study (Discovery)
4:30pm – 5:30pm	Advanced Time Management Skills The Psychology of Success The UMAT	4:30pm – 5:30pm	Playing the ATAR Game Writing A+ Prac Reports (Biology)

Note: Same subject/topic lectures are identical. For example, 'The UMAT' lectures on the 12th and 18th of November 2017 are the same.

BOOKINGS ARE ESSENTIAL – DON'T MISS OUT!

Closing Date: 5pm on the Wednesday before each lecture, or when lectures have booked out.



The **Fred Hollows**Foundation

Advanced Time Management Skills

(1 Hour)

Learn how to get the most from your day and how to work smarter, not harder. This valuable lecture will reveal powerful and effective time management strategies that are guaranteed to reduce stress levels and study loads. The following topics will also be addressed:

- Getting the most from your classes at school.
- Prioritising tasks and the Eisenhower Matrix.
- Managing procrastination.
- Self-motivation strategies.
- Maximising focus and concentration.
- Techniques to improve productivity.
- Achieving your goals.

English Advanced & Standard Area of Study (Discovery) Lecture

(1 Hour 30 Minutes)

Our English Area of Study (Discovery) lecture is designed to ensure that students have all the information they need to **maximise results** in the English Area of Study assessments. During the course of this lecture, students will develop a strong understanding of NESA requirements and the Area of Study rubric. You will examine the skills required to identify Discovery concepts in texts as well as the means by which this process of identification can be supported by technical analysis.

Specific examples of related texts will be analysed, which students will find highly beneficial in the course of their studies and in composing their own essays. Clear, achievable goals concerning the Board's requirements will be detailed, with significant attention being paid to the way students should apply themselves to achieve these goals.

Excelling in Tests & Examinations

(2 Hours)

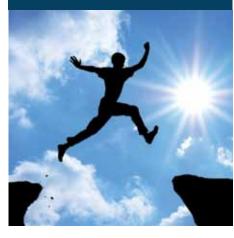
Examinations are a great source of stress for most students, but it doesn't need to be this way! With the right advice and a solid study plan, students can greatly reduce stress, cut down on how much time they spend studying, and significantly improve examination marks.

During this lecture, students will receive advice and instruction in the following topics:

- Exam myths and realities.
- The biggest mistakes made by students when preparing for their exams.
- The key skills required for examination success.
- The fastest way to prepare for tests and exams.
- The most effective (and time-saving) learning and revision techniques.
- Preparing comprehensive exam study notes in the fastest possible time.
- The smartest way to work through past exam papers.
- The Pareto Principle achieving more with less time and effort.
- Juggling the demands of homework and exam preparation successfully.

Many of the skills and techniques that will be addressed **have been proven** to cut down on study time and markedly improve HSC marks, but are not known (or practised) by the majority of students.

"Fantastic in all ways! Excellent lecturer and detailed notes. Definitely worth the time."



Playing the ATAR Game (1 Hour)

If you know where to look, you can find many opportunities to **improve your HSC marks**. Join our ATAR experts and explore some of the more contentious issues surrounding the ATAR and the HSC, including:

- How fair is the HSC?
- Is the ATAR a reliable predictor of a students' success at university?
- Can students who understand how the ATAR system works use that information to gain an advantage over their HSC peers? If so, is there anything you can do to level the playing field?
- The processes involved in standardisation, scaling and moderation, common misconceptions, as well as strategies you can use to maximise your competitive advantage.
- Factors that can result in significant moderation of assessment marks, and what can be done to minimise the negative effects of moderation.
- The truth regarding university admission processes.

Don't miss out on this chance to ask the questions you've always wanted to ask (but weren't sure you could) and to discover powerful and effective ways to **get an edge** in the HSC.



"Awesome. A must for all HSC students."

"Very revealing.
Highlighted some very
major points which
will undoubtedly
improve my final ATAR
score."

"In depth, to the point and lots of tips"

The Psychology of Success

(1 Hour)

What are the key attitudes and skills successful learners have in common? This session will draw on classic and contemporary educational psychology research to argue that smart is not something you are; smart is something you get. Students will also learn how to cope with the challenges of the HSC and how they can ensure that they maintain their personal well-being whilst maximising HSC marks.

Stress & the HSC

(1 Hour)

It's supposed to be the best time of their lives, but for many students, their final years at school feel more like a relentless competition where only the strongest can survive. Overwhelmed by the constant pressure and/or the feeling that their HSC marks will shape the rest of their life, alarming numbers of students are suffering from severe stress, panic attacks, anxiety, and depression. Furthermore, stress can have a significant impact on learning and memory processes – which can have major implications on test and examination marks.

This lecture will focus on the causes of HSC stress and will detail measures that can be introduced to minimise stress levels and study loads across the year. You will also learn how to anticipate stress, manage the physiological and psychological effects of high stress, and how to achieve a manageable work-life balance. Essential for all students.

"Very helpful, especially the extra tips that you won't learn in class."

Subject Specific Lectures

(1 Hour 30 Minutes)

During the course of our Subject Specific Lectures, students will benefit from the advice, experience, and perspectives from HSC exam markers from top ranking schools across the state, giving you that added advantage in the HSC. Topics that will be addressed include:

- An evaluation of the 2017 HSC exams and what to expect next year.
- Planning for the year ahead what to expect, challenges to watch out for and how to prepare for and conquer them.
- Strategies that can be implemented now, so you can reduce stress levels and study loads next year.
- How to maximise your marks in the subject lecture you are attending.
- What teachers and HSC exam markers expect from those students striving for the higher Bands.
- Costly mistakes made by past HSC students (and how to avoid these).
- Key skills required to out-perform your subject peers.
- Hints and tips arising from years of HSC marking and teaching will be provided to students throughout each lecture.

The UMAT (MedEntry) (1 Hour)

The UMAT is one of three criteria students need to satisfy if they wish to secure a position in a high-demand health science course such as Medicine.

In most universities, the UMAT is weighted

as one-third of the final marks used to rank applicants.

This interactive lecture will answer all your questions about getting into a medical degree and the medical profession from a holistic perspective. Students will also receive advanced exposure to the types of questions that appear in the UMAT and **exclusive advice** regarding how to best prepare for this important assessment.

MedEntry is the **only** UMAT preparation course run by academics, doctors, health science students and professionals with experience and expertise in test development, measurement, and analysis.

This is an **essential lecture** for those students planning to sit the UMAT next year.

Writing an A+ Practical Report

(1 Hour)

This lecture will set out systematic strategies that can be applied to produce insightful, well-structured reports. Each of the necessary skills will be reinforced using examples from average and A+ samples. The following topics will also be covered:

- The format of the traditional scientific prac report.
- How to interpret experimental results and relate these to existing theory and knowledge.
- The impact of experimental errors on observed results.
- Explaining observations and identifying their implications.
- Strategies to explain the underlying logic behind whether a hypothesis is accepted or rejected.

Available in Chemistry and Biology.

Enrol online at www.tsfx.com.au/mhsc



DON'T MISS LOUT L

the school for excellence

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