



## 6-12 YEARS MIDDLE YEARS



### What you will learn

In six sessions over six weeks, the Middle Years Toolbox is designed to help you stay connected, teach skills and build memories. Make the most of these years while your children still want to be a part of your team.

### Topics covered

- Session 1 – Parent types
- Session 2 – Building character and self-esteem
- Session 3 – Emotional resilience
- Session 4 – Discipline – boundaries and consequences
- Session 5 – Creating traditions and memories
- Session 6 – Capitalising on the 'tween-age years'

**The next course being held in  
this area begins ...**

**17<sup>th</sup> May – 21<sup>st</sup> June (Thursday's)  
7.30 – 9.30 pm**

**Deep Creek Anglican Church  
460 Blackburn Rd Doncaster East  
Bookings essential!**

**Cost \$70, \$120 couple,  
\$50 concession**

**9841 7427 or  
cheryl@deepcreekanglican.com**