

Parent-child Communication & Discipline

My child is disobedient! I am very upset!

I know scolding and spanking are not good but I have no other way!

My kid doesn' t talk with me. What can I do?



Venue : 13 Holland Road, Blackburn South, Vic 3130

Date : 2/5 \ 9/5 \ 16/5 \ 23/5 \ 30/5 \ 6/6/2018 (6 consecutive Wednesdays)

Time: 10am-12:30pm

Target: parents/grandparents of children under 10 (Quota: 12)

Language : Cantonese Fee : \$10

Contents :

· Understand and deal with your kid's feelings

Engaging kid's cooperation

· Alternatives to punishment

Appreciation and praise

Encouraging autonomy & responsibility

Through group discussion, role play and skills practice, participants will reflect on their communication and discipline patterns, learn positive way, and enhance their relationships.

Enrolment / enquiry , please contact Maggie Wong (Tel: 03 9878 6856 / 0405 852 446;

Email: comcare@nlec.org.au)