



Anna Louise Orchard

registered occupational therapist

ABN 83408176418

18 jugiong street

west pymble

nsw 2073

anna.louise.orchard@gmail.com

0412 78 11 41

Handwriting skills



How is your son's handwriting? Does your son's handwriting affect his ability to get his ideas down on paper in a coherent and legible way? Would improvements to the speed and style of his handwriting help him perform to his potential on tests, exams, assignments and assessments? Does he experience pain when writing?

Designed and run by an experienced occupational therapist, this program has been developed to bring creativity and good mechanical and organisational skills to the practice and improvement of handwriting.

The Program will include activities to:

- **Promote imagination and foster a desire to write**
- **Develop upper limb muscle control, eye hand coordination and finger strength and dexterity.**
- **Identify the right tools and spaces so writing feels comfortable and is optimised**
- **Focus on good writing ergonomics, techniques and planning**
- **General assessment of writing to see what's working and what's not**

The Program is open to all students from Years 5 to 9. For interested students in Years 10-12, please contact Anna for advice or a private arrangement.

It will be run on a small group basis so that professional guidance, peer feedback and modelling can be maximised.

The course involves one afternoon per week, for 8 consecutive weeks starting in Week 2 of term (week beginning Mon Feb 6, 2017), with make-up sessions in Week 10 if required.

Time: 3.20pm – 4.30pm on the same weekday afternoon each week (tba).

Location: St Pius X College, Room: LC2 (near Senior Library).

Cost: \$280.00 per student

Equipment: all provided as part of the course.

You may be able to claim on your Private Health Insurance cover for this program if your policy includes OT under extras cover – item Number 300 Group therapy intervention.

FOR FURTHER INFORMATION OR TO REGISTER YOUR INTEREST FOR TERM 1 2017 email Anna orchard at: anna.louis.orchard@gmail.com, or Joanne Raheb-Mol, Coordinator, Learning Support and Enrichment at: JRahebMol@stpiusx.nsw.edu.au