

FUN | FRIENDSHIP | FITNESS



Play Junior Rugby with Chatswood!

The Chatswood Junior Rugby Club welcomes all boys and girls from under-5s up for the 2017 season.

At Chatswood we offer:

- Coaching Excellence including professional coaches
- Yearly Interstate and Overseas Tours for different age groups
- Fabulous family atmosphere and social events
- Clubhouse and Canteen

Great gear for new players to the club:

- Backpack with player initials
- Chatswood cap
- Training T-Shirt
- Shorts & Socks

GAME STYLES

Mini Rugby

u5 to u7

No tackling,
touch rugby
only

Emphasis on
fun & enjoyment

Develop basic
rugby skills

Small field
7-a-side games

u8 to u9

Starting to
tackle

Develop more
advanced skills

½ sized field

7 to 10-a-side
games

15 to 20 minute
halves

Junior Rugby

u10 to u16

Games largely
resemble senior
rugby

Further skill
advancement

full sized field

12 to 15-a-side
games

20 to 30 minute
halves



NOT SURE? WANT TO CHECK IT OUT FIRST?

**TRY RUGBY DAY & TACKLE CLINIC BEAUCHAMP PARK
SUNDAY 19 FEBRUARY 2017, 9AM TO MIDDAY**

To register, click through <http://cjrug.by/rego> or
contact Cameron McNeil registrar@chatswoodjuniorrugby.com.au

BEAUCHAMP PARK – Nicholson St, Chatswood

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