



2017 231

TALKING TEENS

HELPING YOUR KIDS COPE IN A CHAOTIC WORLD

FOR PARENTS AND CARERS FOR CHILDREN 12 - 19 YEARS

- Do you want to learn how to talk so they will listen?
- Support them to cope in a chaotic world?
- Help them to problem solve and resolve conflict?
- Stay connected to them?
- Come along to these 5 sessions and share strategies, stories and take some time out for you!

WHEN: Mondays (5 sessions)
14th May - 11th June 2018

TIME: 7pm to 9pm

WHERE: The Avenue Neighbourhood House, 87 Eley Road, Blackburn South

COST: **FREE of Charge.**
Bookings are essential.

BOOKINGS:
Helena on 9735 6134 or 0488 501 204