

bringing up great kids

Would you like to understand why
your **child** behaves the way they
do?

Are you interested in knowing more
about why you **parent** the way you
do?

Would you like to explore how to
enhance your parenting and
relationship with your child?

Bringing up Great Kids (BUGK) Early Years, is a program that uses mindfulness and reflection to support parents / carers of children as they review and enhance their patterns of communication with their children.

The BUGK Early Years Program supports parents as they explore what influences their parenting practices, and the messages they're passing onto their children.

The program aims to work with parents as they establish a new relationship context with their children.

For more information or to register, please
contact **Melanie Fearn** on 9871 1802 or email
mfearn@each.com.au

Who Parents / Carers of children
Aged 0-6 years

Where Mitcham Family Centre
15 Brunswick Road
Mitcham, 3132

When Thursdays
24th May – 14th June 2018
(4 Consecutive weeks)

Time 9.30am - 12.30pm

Cost Free
(Morning tea provided)
*Sorry no children

Presented by the **EACH** Youth, Child & Family
Counselling Team

This program is funded by the City of
Whitehorse.