



## **BE A PART OF A SUICIDE PREVENTION NETWORK IN ONKAPARINGA**

As a community led endeavor, a suicide prevention network works towards reducing the stigma of suicide, encouraging community connectedness and providing information and education regarding available help for the communities of Onkaparinga

**Would you like to hear more?**

**WHEN:** Third Monday of each month

**WHERE:** Christies Beach Surf Life Saving Club

**TIME:** 6pm

**No registration required. For more information please contact:**

Priah Dean—Community Development Officer

Telephone: 8384 0666

**Lifeline: 13 11 14**

**Suicide Call Back Service: 1300 659 467**

**Beyondblue: 1300 22 4636**

**Mental health services 131465**

**Kids Helpline: 1800 55 1800 (24/7 crisis support)**

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