



Term 3
2018

DEVELOPING POSITIVE FUTURES

Highvale Primary School

Our programs aim to encourage a strong foundation on which to build a full and active life. Physical activity for children has been linked to positive self-esteem, skill development, skeletal and cardiovascular health, and general healthy development. All our qualified instructors encourage opportunities for cognitive, social and emotional development through and during movement activities within all our programs

Basketball Stars

Basketball Program

- Positive and inclusive environment.
- Fundamental basketball skills
- Passing, dribbling, shooting, team play, offensive and defensive strategy.

Day: **Thursday**

Time: **3:40-4:40pm**

Start Date: **26th July**

Finish Date: **13th September**

Who: **Prep-Grade 4**

Cost: **\$90**



Soccer Stars

Soccer Program

- Introductory soccer skills
- Passing, shooting, heading, ball control, running with the ball and turning.
- Principles of attack, defence, passing play, 2-1 situations, crossing and finishing.

Day: **Thursday**

Time: **3:40-4:40pm**

Start Date: **26th July**

Finish Date: **13th September**

Who: **Prep-Grade 4**

Cost: **\$90**



Dance Stars

Dance Program

- Introduce children to the fundamentals of the dance
- Movement, space and energy.
- No Competitions, no uniforms
- Step to the beat in a number of sequences to learn a choreographed dance routine

Day: **Thursday**

Time: **Lunchtime**

Start Date: **26th July**

Finish Date: **13th September**

Who: **Prep-Grade 4**

Cost: **\$90**



All our sports coaches are Australian Sports Commission Qualified (2 courses min)
All our dance instructors have Dance Teaching & Management Cert. IV Qualifications

ENROL ONLINE:

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Enquiries



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