

Parent and Child Deeper Connection

WORKSHOP

For parents who want to try something real, heart based and learn practical wellbeing tools for everyday living.

Focus Yoga, dance, sound, creative art, natural world and wellbeing.

**Tuesday 2nd and
Sunday 7th October 2018**

9am – 4pm

at **HIRL**, 333 North Boundary Road, Hamilton

**\$220 parent/child
extra person \$80
\$380 family group 4+**

Catering woodfire pizzas, lasagne, garden salad, pumpkin and minastrone soup options.

Enjoy practical fun ways to connect on a deeper level with your child. Take time for you and your child to play in a whole new way and be inspired!

"Since visiting Ahhleeyah we have had such an energy shift in us all. The help and guidance we have received has made the world difference for our children and our family, in our home life and our children's school life. We are working on creating an even more harmonious family space and grateful for the support." – Loren Linto, Harrow



beeloved essence

Contact **Ahhleeyah Grace**

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to book in and for more detailed information about the workshop!

