

Support services for families with a child who identifies as transgender or gender diverse.

Banyule Youth Services http://www.banyuleyouth.com/rainbowspace

Rainbow Space Banyule brings together young people (15 – 24 years old) from Banyule and the surrounding areas who identify as Gay, Lesbian, Bisexual, Transgender, Intersex, Queer, and Questioning and their friends and allies. Informal meetings and events are held periodically throughout the year and are promoted on the Rainbow Space Banyule Facebook page. Banyule Youth Services is also able to provide information, and short term support for young people who may need additional support.

Beyond Blue http://familieslikemine.beyondblue.org.au/#folio=1

Families like mine is a multimedia guide created by Beyond Blue. This guide offers practical advice for families of young people who are gender diverse, same sex attracted, bisexual, or questioning their identity. Young people may also find this resource useful in introducing these issues to loved ones.

Drummond Street Services https://ds.org.au/our-services/queerspace/

queerspace is a service provided by Drummond Street Services. Specialist queer and queer affirmative mental health practitioners provide information and support services aimed at improving mental health and wellbeing. queerspace supports youth who identify as LGBTIQ and their families through individual, couple, and whole-family counselling, and peer support which may be provided at low or no cost depending on your circumstances.

Minus18 https://minus18.org.au/

Minus18 is Australia's largest youth led organisation for young people who identify as gay, lesbian, bisexual, and transgender. Minus18 helps to empower these young people through fostering connections with others and helping them to better understand themselves. These outcomes are achieved through events (usually held around inner Melbourne), supporting resources, and campaigns.

<u>The Royal Children's Hospital Gender Service</u> http://www.rch.org.au/adolescent-medicine/gender-service/

The RCH Gender Service is concerned with improving the physical and mental wellbeing of children and adolescents who identify as transgender, gender diverse, or those who may be experiencing gender dysphoria. The Gender Service can provide assessment, support, and ongoing treatment and care. Referrals to the service are via your local GP.

Transcend http://www.transcendsupport.com.au/

Transcend was the first parent led peer support network and information hub in Australia for young people who identify as transgender and their families. Founded by parent Rebekah Robertson in 2012 after being unable to find information or help applicable to children who identify as transgender. While Rebekah and her daughter Georgie have now shifted their focus to advocacy, fundraising, and speaking engagements, the Transcend website remains a source of information, news, and links to support groups.



TransFamily http://transfamily.com.au/about/

TransFamily is a peer support group for parents, siblings, family and friends of a person who identifies as transgender. This support group was established by parent Lyn McDonald when her child transitioned and she wasn't able to find support for herself. TransFamily provides a safe, confidential, and caring environment for group meetings. Afternoon meetings are held in Carlton on the fourth Saturday of the month.

<u>Safe Schools</u> http://www.education.vic.gov.au/about/programs/health/Pages/safe-schools-coalition.aspx?Redirect=1#link84

Safe Schools is a formal and public commitment, made individually by schools, to create an inclusive and safe environment for the whole school community, including for LGBTI students, families, and teachers. How this commitment is realised is determined by each school, based on the local context and needs of the school community. This commitment looks different for each school so your school's principal should be able to give you more detailed information on your individual school's commitment.

YGender https://www.ygender.org.au/about-us

YGender is a peer led support and advocacy organisation for young people who identify as transgender or gender diverse. YGender provides both an online community and social events for gender diverse young people to connect with and support their community in a safe and inclusive space.