

Little Athletics is the foundation for all sports. Our young athletes develop skills and improve their fitness levels to help them in their sporting futures.

Pre-Season Training

Come along to our pre-season training sessions
Thursday, 4.30pm to 5.30pm
Saturday, 10am to 12 noon

Come & Try at the Two Week Trial

If you have never done Little Athletics before and would like to have a go, come down during our two week trial period and check out the fun!

Saturday, 6 October 2018 Saturday, 13 October 2018 8:15am to 11am

Age groups from Under 6 to Under 16



Contact Details

craigieburn@lavic.com.au
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Events

Long Distance Sprints
Shotput Discus
Triple Jump Long Jump
Javelin Hurdles
Vortex High Jump

Our Core Values

Fun, Fitness, Friendship
Respect
Be Your Best
Inclusion & Diversity
Participation