

# Train the Facilitator: The Garden

## Therapeutic Group Programme For Parents and Children

The Garden Therapeutic Group is one of a range of programmes designed by Together4Kids. The Garden is designed for Infants and Toddlers aged 0-4 years accompanied by a parent. The Garden Group is an opportunity for shared positive experiences, to support the relationship between a parent and their child. Using a strong theoretical background, themes and activity ideas within the Garden program include exploration of natural environment, art, shared sensory activities, movement, play, relaxation and reflective opportunities.

In this two day training you will learn how to facilitate The Garden Programme and will be provided with tips and advice on how to run an intentional group successfully. There will be time to practice some of the exercises and familiarise yourself with some of the sessions.

### When

Wednesday, 27 and Thursday 28 September 2017  
9.30am – 4.00pm

### Where

Hackham West Childrens Centre Unit  
50 Glynville Drive  
(within HWR-7 School) Hackham West SA

### Fee

There is no cost for this session,  
funded by Communities for Children Onkaparinga.  
Open to Professionals working with Children 0-4 years and their families.

### Enquiries and Enrolments

For details, enquiries, and enrolments please contact  
Calista at Together4Kids on (08) 8245 8190,  
or email [T4K@rasa.org.au](mailto:T4K@rasa.org.au)  
*Enrolment priority will be given to workers who plan to deliver  
the Garden Programme in the Onkaparinga region.*

### Presented by

Kerryn Roberts, Relationships Australia SA and Calista Yick, Together4Kids



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