

Raising Your Child In A Digital World

Guilt-free, practical advice for parents



WITH
Dr Kristy
GOODWIN

Dr Kristy Goodwin is a digital parenting educator, researcher and author (& mum who also deals with her kids' techno-tantrums). She translates the latest research about how technology is shaping childhood into essential and practical information for parents (so you can put an end to the guesswork and guilt). Dr Kristy helps confused and concerned parents make informed decisions about how to best manage screen-time at home, without suggesting that you ban the iPad, or unplug the TV! Parents will understand the latest risks to kids' online safety, health and learning and will learn how screens are impacting kids' sleep, social, language, play, physical skills, vision, hearing and posture. Parents will be armed with realistic strategies about how to best navigate kids' digital world (because digital amputation isn't the solution).

DATE	Monday 30th October 2017
TIME	6:45pm for a 7pm start, 9pm finish
VENUE	Curl Curl North Public School
COST	\$35 per ticket or two tickets for \$60. VIP tickets \$60 (includes reserved seating and a copy of Dr Kristy's book Raising Your Child In A Digital World and meet and greet with Dr Kristy).
BOOKING	http://bit.ly/2fhvwbo



Dr Kristy Goodwin is a leading digital wellness expert, researcher, author & former teacher (and mum who deals with her kids' techno-tantrums). She translates the latest research into essential and digestible information and tips, for parents, educators and health professionals so that they can safely navigate the digital terrain... without suggesting that the iPad be banned!



Education

