



COOL KIDZ' MEALZ

wickedly healthy...wickedly yum

Healthy, frozen, ready made
meals for the coolest kids
aged 4-12

Home delivery to
Melbourne Metro areas



Order yours online today!
coolkidzmealz.com.au
hello@coolkidzmealz.com.au
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use code
COOL at the
checkout for
10% off your
first order!

T&Cs apply



All Cool Kidz' Mealz weigh 350g, so they're great for bigger appetites. And all our ingredients are natural, without artificial colours or flavours. We cook with lots of love, like you would at home, so Cool Kidz' Mealz are perfect for busy families after a hectic day.

BEEF RAGU with awesome sauce

Our wickedly healthy, melt in your mouth ragu contains herbs, spices and 1.5 serves of lean iron-rich beef and protein and 1.7 serves of veg. Almost too cool for the coolest of kids!



MAC 'N' CHEESE with super yum veg

With four different veggies in a cheesy, creamy sauce cool kidz will get their daily dose of nutrition.

Packed with carbs, protein and calcium with 1.5 serves of veg, its perfect for growing busy bodies!

FISH PIE swimming with veggies

Swimming in coolness, our fish pie is topped with a creamy butter bean mash and cheese. Drenched with 2.1 serves of veg, it's a great source of Omega 3 and protein!



Full of beans MEATLOAF MUFFINS

Our meatloaf muffins are packed with grass-fed lamb, 1.5 serves of veggies and beans and served with a sweet, creamy mash, mint glaze and gravy. A cool dose of protein and dietary fibre!

Cheeky chook 'n' veg RISOTTO

Our softly cooked risotto contains free-range chicken with 1.4 serves of sneaky veg. Flavoured with a good dose of 4 different cheeses, it provides an increased source of protein and dietary fibre. Cool!

