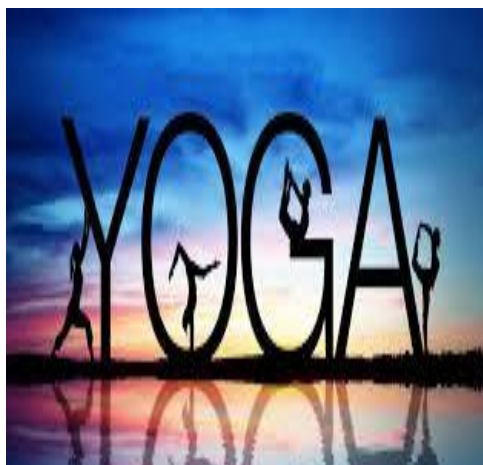


Yoga for Everyone



When: Mondays

Time: 5.30pm til 6.30pm

Where: Community Connections Hackham
(formerly Family Connections Hackham)
72 Collins Parade, Hackham

Bookings on 0408 829 866 with Sherilee

Arrive at 5.20pm for a 5.30pm start Thanks

Would you like to try Yoga in a
supported environment?

Anyone can come along and have a go
at Gentle Yoga. Our instructor Sherilee
(Siddhi dara) is able to deliver classes
that suit all abilities.

Cost is: \$50 for 4 weeks

BYO Yoga mat, water and
towel/blanket and stretchy clothes.

