



Term 2
2018

DEVELOPING POSITIVE FUTURES

Highvale Primary School

Our programs aim to encourage a strong foundation on which to build a full and active life. Physical activity for children has been linked to positive self-esteem, skill development, skeletal and cardiovascular health, and general healthy development. All our qualified instructors encourage opportunities for cognitive, social and emotional development through and during movement activities within all our programs

Soccer Stars

Soccer Program

- Introductory soccer skills
- Passing, shooting, heading, ball control, running with the ball and turning.
- Principles of attack, defence, passing play, 2-1 situations, crossing and finishing.

Day: **Thursday**

Time: **3:40-4:40pm**

Start Date: **26th April**

Finish Date: **14th June**

Who: **Prep-Grade 4**

Cost: **\$90**

Tennis Stars

Tennis Program

- Positive and inclusive environment.
- Correct technique
- Fundamental tennis skills
- Forward, Backhand, serving and volley

Day: **Thursday**

Time: **3:40-4:40pm**

Start Date: **26th April**

Finish Date: **14th June**

Who: **Prep-Grade 4**

Cost: **\$90**

Dance Stars

Dance Program

- Introduce children to the fundamentals of the dance
- Movement, space and energy.
- No Competitions, no uniforms
- Step to the beat in a number of sequences to learn a choreographed dance routine

Day: **Thursday**

Time: **Lunchtime**

Start Date: **26th April**

Finish Date: **14th June**

Who: **Prep-Grade 4**

Cost: **\$90**



All our sports coaches are Australian Sports Commission Qualified (2 courses min)
All our dance instructors have Dance Teaching & Management Cert. IV Qualifications

ENROL ONLINE:

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Enquiries



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