



EXPRESSIONS OF INTEREST NOW BEING ACCEPTED

Emotionally Intelligent Parenting

6 week parenting support program

Tuesdays - 2, 9, 16, 23, 30 May, and 6 June

6:30pm - 8:30pm Scoresby Secondary College

Would you like to learn how to:

- ☐ be better at talking with your child?
- ☐ be better at understanding your child?
- ☐ help your child learn to manage their emotions?
- ☐ help to prevent behaviour problems in your child?
- ☐ teach your child to deal with conflict?

Tuning into Teens is a group parenting program.

The ideas and techniques taught in the program will be useful for parents of children of all ages, though for this course we are focusing on parents of students in year 7 & 8.

Places are limited to a maximum of 15 participants.

Facilitator: Andy Phillips

Chaplain, Scoresby Secondary College,

Accredited Tuning into Teens Facilitator

For more information go to www.tuningintokids.org.au

Contact: 9765 4100, or email: phillips.andy.p@edumail.vic.gov.au