



# PARENTING INFORMATION FORUM

## Supporting Parents, Grandparents and Carers

### HAVING THE TALK

#### STARTING CONVERSATIONS ABOUT ADOLESCENT RELATIONSHIPS AND SEXUAL HEALTH

Young people often want to talk with their parents about sexuality and relationships. Many parents are unsure of where to start or may feel uncomfortable about having these conversations, but avoiding the subject is not helpful for young people as they can often receive the wrong information elsewhere.

In this forum Athi Kokonis from Family Planning Victoria (FPV) will provide guidance on practical and respectful ways parents can interact with adolescents about sexuality and relationships. This forum will provide assistance on how to begin the conversation, maintain the connection through adolescence and how to deal with difficult questions and sensitive issues.

Athi has been working in schools as both teacher and community educator for over 25 years. She has been with Family Planning Victoria for 13 years and works with students from primary, secondary and special school settings.

<b>Date:</b>	Wednesday 14 September 2016
<b>Time:</b>	7.30pm-9pm (please arrive at 7pm for registration inc. tea and coffee)
<b>Venue:</b>	Waratah Room, Whitehorse Centre, 397 Whitehorse Road, Nunawading (rear of Nunawading Library)
<b>Bookings:</b>	Registration is essential. Please book online at <a href="http://whitehorse.vic.gov.au/Parent-Information-Forums.html">whitehorse.vic.gov.au/Parent-Information-Forums.html</a>
<b>Further Information:</b>	Please contact Council's Parent Resource Officer on 9262 6175 or <a href="mailto:molly.block@whitehorse.vic.gov.au">molly.block@whitehorse.vic.gov.au</a>
<b>Cost:</b>	\$2 gold coin donation payable on the night.
<b>Other Information:</b>	<ul style="list-style-type: none"><li>• There will be Auslan interpreters available if required. Please indicate if you require Auslan interpreters through the online booking process.</li><li>• Please note we are unable to accommodate children.</li></ul>

