

Unwrapped Food Days



Pack

- ✓ Snacks in reusable containers
- ✓ Drinks in reusable bottle
- ✓ Reusable utensils
- ✓ A reusable lunchbox with compartments
- ✓ <http://www.kidspot.com.au/kitchen/galleries/lunch-box-ideas/11-quick-and-easy-ways-to-make-a-nude-food-lunch-box>

Avoid

- × Lunches packed in plastic bags, glad wrap or foil
- × Disposable drink boxes or bottles
- × Disposable forks and spoons
- × Pre-packaged lunches or single serve items