



## TALKING TEENS

### HELPING YOUR KIDS COPE IN A CHAOTIC WORLD

FOR PARENTS & CARERS OF CHILDREN 12-19 YEARS

- **Do you want to learn how to talk so they will listen?**
- **Support them to cope in a chaotic world?**
- **Help them to problem solve and resolve conflict?**
- **Stay connected to them?**

Come along to these 5 sessions and share some strategies, stories and take some time out for you.



**DATES:** Wednesdays  
9th August to 6th September  
(5 consecutive weeks)

**TIME:** 7.00pm – 9.00pm

**WHERE:** Anglicare  
666 Mountain Highway  
Bayswater

**COST:** **FREE of Charge.**  
Bookings are essential.

For bookings & enquiries contact:  
Melanie Fearn – Anglicare Parentzone  
0438 683 049 or 03 9735 4188  
[melanie.fearn@anglicarevic.org.au](mailto:melanie.fearn@anglicarevic.org.au)