





"Circle of Security " Program TERM 3



This 8 week FREE program will provide the tools to strengthen the relationship between you and your child/ren.

We invite parents and caregivers into a safe space, to explore and develop a shared understanding of:

- The Circle of Security as a roadmap for understanding and responding to our children's needs
- The impact of our own experiences of being parented on our parenting
- The steps involved in building security with our children
- New ideas for supporting our children's big feelings and behaviour to connect.

Every Tuesday Morning 9.30am-11.30am

Beginning 31st July-18th Sept (8wk program)

AT—O'Sullivan Beach Children's Centre 51A Galloway Rd, O'Sullivan Beach . 5166



2018

Facilitators—Lee and Leanne from O'Sullivan Beach Children's Centre

Free Creche places are available for children 0-5yr, but places are limited

To Register and book a place please contact the O'Sullivan Beach Children's Centre Phone-8382 2850