



Healthy • Active • Happy • Kids

"It's so **wonderful** to have my **active**,
happy, **motivated and confident**
10 year old boy back."
Go4Fun Parent.



GO4FUN IS A FREE TEN WEEK HEALTHY
LIFESTYLE PROGRAM FOR KIDS AGED 7-13
YEARS WHO ARE ABOVE A HEALTHY WEIGHT.

Sessions run once a week for two hours after school,
during school term.

The program is run by a trained and qualified
health professional.

WHY JOIN GO4FUN?

- Get expert advice on healthy eating
- Get active playing fun games
- Make new friends
- Build confidence
- Make changes as a family
- Get support on goal setting
- All for FREE!

WHEN

Wednesdays
4.30pm-6.30pm
Starts 11 October 2017

WHERE

Willoughby Park Centre
Cnr McClelland St & Warrane Rd
Willoughby NSW 2068

REGISTER NOW

FREECALL 1800 780 900
OR GO4FUN.COM.AU



Health
Northern Sydney
Local Health District