## Autism Counselling



www.autismcounselling.com.au

## Social Skills Group

**Thursday Group** 

**Ages: 11- 14 Years** 

Cost: \$ 100.00 per session

Time: 4.00pm - 5.00pm

Goals: The purpose of this group is to teach foundation skills required for social interactions. Skills taught may include:

- Theory of mind
- Problem solving
- Play & Social Skills
- Relaxation, coping skills, and stress management
- Conversation skills
- Understanding & responding to bullying
- Non-verbal communication skills
- Understanding & responding to sarcasm
- Team work (including group project)

For bookings call: 9761 2214

Jo White – email: jowhite3130@gmail.com

Address: Suite 2 / 171 Boronia Road Boronia