

## PARENTING INFORMATION FORUM

Supporting Parents, Grandparents and Carers

## PARENTING ADOLESCENTS IN A DIGITAL WORLD

Increasingly our families are becoming immersed in technology and the digital world. As parents, grandparents and carers it is imperative we are armed with the necessary information, skills, strategies and perspective to help us confidently work through the abundance of information that often threatens to overwhelm.

With a good understanding of what technology is capable of as well as a realistic perspective of what it means to be a young person growing up today, parents can ensure they are raising safe and smart kids who are better equipped to make the right choices wherever they find themselves online.

Martine Oglethorpe is a teacher, counsellor and mother to 5 children. She is passionate about helping families and young people make the best decisions around use of technology, gaming and devices. Martine will discuss how young people use technology today, privacy and predators, creating a positive digital footprint and boundaries and limit setting.

Date:	Thursday 20 October 2016
Time:	7pm Registration (Tea and Coffee) 7.30pm start-9pm finish.
Venue:	Waratah Room, Whitehorse Centre, 397 Whitehorse Road, Nunawading (rear of Nunawading Library)
Bookings:	Registration is essential. Please book online at whitehorse.vic.gov.au/Parent-Information-Forums.html
Further Information:	Please contact Council's Parent Resource Officer on 9262 6175 or molly.block@whitehorse.vic.gov.au
Cost:	\$2 gold coin donation payable on the night.
Other Information:	<ul> <li>There will be Auslan interpreters available if required. Please indicate if you require Auslan interpreters through the online booking process.</li> <li>Please note we are unable to accommodate children.</li> </ul>



