

BRINGING UP GREAT KIDS

Thursday 8th November 10:00 am - 12:00 pm
Thursday 15th November at the Hackham West
Thursday 22nd November Community Centre

A highly recognised interactive program for parents of young children, to help us raise happy and confident children.

Topics covered include:

Mindful Parenting

Understanding Children's

Development & Behaviour

Building Strong Positive

Relationships

Parents' Self Care Practices



Facilitated by Rose Boswell (BA, Dip. Ed; B.Soc.Sc)
of Uniting Communities

Morning Tea provided and free Crèche is available.
Bookings are essential

Contact Hackham West Community Centre on 8384 1065 for more information and to book your place in this program.

**Our
community
centre.
The heart
of HackhamWest.**

Hackham West Community Centre
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