

## **Thriving and Surviving VCE**

"Learn strategies to support your teen to cope with the stress of VCE "

- Do you want to stay connected to your teen through the often difficult path of balancing study and life?
- Do you want to be able to offer them support that is useful in helping them to problem solve and resolve conflict?
- Do you want to develop tools to support yourself and your family?

## Thursday 1 June 2017 from 7 - 9pm Knox City Council, Civic Centre, Room 3 511 Burwood Hwy Wantirna South Cost: FREE!

Guest Speaker – Julia Russell, Parent Educator & Group Facilitator,
Parentzone Eastern

Bookings are essential.

To register, complete the online booking form at;
<a href="http://www.knox.vic.gov.au/parentworkshop">http://www.knox.vic.gov.au/parentworkshop</a>

## For more information, contact

Michelle Pascoe t: 9298 8311 or e: <u>michelle.pascoe@knox.vic.gov.au</u> or visit Knox Parent Information Sessions



