



**FREE  
EVENT**

**VICTORIAN  
SENIORS  
Festival**



# Are you Caring Again?

**Thursday  
October 6**

9.30 am for 10.00 am start  
Forum concludes 12 noon  
Morning Tea provided

**Are you a grandparent or other family member caring for someone of school age?**

**You are invited to a FREE public forum**

Hear from a panel of speakers followed by a Question and Answer session covering the information you need:

- What Services are available if I'm a carer again?
- What can I access through my grandchild's school?
- How do I get a break?
- Who else can support me?

Speakers include representatives from: Grandparents Victoria, the Mirabel Foundation and the Australian Department of Human Services – Centrelink among others.

**Queen Victoria  
Women's Centre**

**4<sup>th</sup> Floor**

210 Lonsdale Street  
Melbourne

Getting there is easy: bus, tram or  
nearest train station -  
Melbourne Central



**RSVP – by Monday 3  
October**

To Inner Eastern LLEN  
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