



2016 257

## PARENTING SEMINARS

### 2016 DATES:

#### DISCIPLINE VS PUNISHMENT

**Wednesday October 19**

What is discipline?

Why doesn't punishment work?

#### BEHAVIOUR

**Wednesday October 26**

Why do kids behave the way they do?

What is normal behaviour?

What is misbehaviour?

#### RULES AND CONSEQUENCES

**Wednesday November 2**

What are positive rules?

How do you make them work?

#### DEALING WITH FEELINGS

**Wednesday November 9**

Are you wanting to build your  
child's emotional intelligence?

What about their anger?

#### RESILIENCE

**Wednesday November 16**

What is resilience?

Can we teach our children how to handle  
the tough stuff in life?

#### TIME:

7pm to 9pm

#### WHERE:

Wandin Pre School, 10 Union Road,  
Wandin North

#### CONTACT:

Helena Laverie Anglicare Parentzone  
9735 6134 or 0488 501 204

#### COST:

FREE (bookings essential)

