

PARENTS BUILDING SOLUTIONS (formerly known as POP)

A COMPREHENSIVE FRAMEWORK FOR PROFESSIONALS WHO
WORK WITH PARENTS.
THIS CORE TRAINING WILL DEVELOP PRACTICAL TOOLS AND STRATEGIES THAT
PROFESSIONALS CAN USE WITH PARENTS IN ANY CIRCUMSTANCE.

LEARNING OUTCOMES

**AT THE END OF THIS TRAINING,
PARTICIPANTS WILL BE ABLE TO:**

- Engage parents effectively in conversations about their parenting role by using a strengths based, reflective approach
- Articulate a comprehensive framework for parenting based on family values, relationships, and boundaries
- Through individual, family or group-work, support parents to:
 - Develop known and agreed rules with their family
 - Implement appropriate discipline, including the use of known and agreed consequences
 - Develop appropriate expectations for the age and developmental stage of the child
 - Help children deal with a range of feelings, and deal with their own feelings as adults
 - Build positive family relationships and communication
 - Support resilience in children

METHODOLOGY

The program is experiential – combining theory and practice wisdom to give participants fresh insights and practical tools they can use when working with families. The program is based on the Parents Building Solutions model, developed by Parentzone Southern. Participants will receive a copy of the Parents Building Solutions Manual to support their learning.

WHO THIS PROGRAM IS FOR

Anyone who works with parents! A wide variety of people have told us they really benefited from this program - social workers, teachers, psychologists, case managers, children's services workers, family services practitioners, volunteers and residential staff.

BAYSWATER OFFICE

DATE: Thursday
9th Feb to 16th March
(6 weeks)

COST: \$250 plus GST

TIME: 9am - 12.30pm

WHERE: Anglicare Victoria
666 Mountain Highway,
Bayswater

REGISTER:

Please contact Helena Laverie
on 9735 6134 or 0488 501 204
Helena.laverie@anglicarevic.org.au

Limited free places are available
for volunteers, students, ACCOs
& Anglicare Victoria staff.

Participants will receive a copy of the
Parents Building Solutions manual.

**Contact Parentzone Eastern
Helena Laverie 9735 6134 or
0488 501 204**

'The program has given me a solid foundation/framework to work from. Definitely feel more confident and comfortable. I don't think there is a better practical program than POP'

– Youth and Family Services Worker

**BETTER
TOMORROWS**